

# Bay Area Club Dance (& Hoedown Fitness) Program (edit#3 06/14/2012)

CALLERS – You NEED to be doing at least one class every year. Two is better.

## BACD - Part 1

1. Circle Left / Circle Right
2. Dosado
3. Allemande Left
4. Right and Left Grand
  - a. Weave the Ring
5. Promenade Couples (Full, 1/2, 3/4)
6. Swing
7. Forward and Back
8. Left-Hand Star / Right-Hand Star
9. Pass Thru
10. Rollaway, Half Sashay
11. U-Turn Back
12. Courtesy Turn
13. Two Ladies Chain (Reg. & 3/4)
14. Four Ladies Chain (Reg. & 3/4)
15. Right and Left Thru
16. Lead Right / Lead Left
17. Veer Left / Veer Right
18. Grand Square
19. Bend the Line
20. Circulate
  - a. Couples
  - b. Named Dancers
  - c. All Eight
  - d. Single File/Column
21. Slide Thru
  - a. Star Thru
22. Square Thru (1, 2, 3, 4)
23. Partner Trade
  - a. Single Facing BG only
24. Named Dancers Trade
  - a. Mini Wave
25. Single Hinge
  - a. Mini Wave
26. Doasdo to an Ocean Wave
27. Step to an Ocean Wave
28. Swing Thru
29. Run / Cross Run
30. Pass the Ocean
31. Wheel and Deal
  - a. BG Lines Facing Out
32. Ferris Wheel
33. Pass to the Center
  - a. Dive Thru
34. Double Pass Thru
35. Tag the Line (In/Out/Left/Right)
  - a. Half Tag
36. Zoom

## BACD - Part 2

37. Extend
38. Eight Chain 4
39. Spin the Top
  - a. BGGB or GBBG Waves
40. Flutterwheel / Reverse FW
41. Touch 1/4
42. Scoot Back
43. FOLLOW YOUR NEIGHBOR
44. Recycle
45. Spin Chain Thru
46. Sweep a Quarter
  - Wheel and Deal, 2 faced Line
  - Box the Gnat
  - Cloverleaf
  - Ladies In, Men Sashay

## BACD - Part 3

47. LOAD THE BOAT
48. LINEAR CYCLE (BGGB waves)
49. COORDINATE
50. TRACK II
51. RELAY THE DEUCEY
52. DIAMOND CIRCULATE
53. FLIP THE DIAMOND
54. CHASE Right
55. SPIN CHAIN & EXCHANGE THE GEARS
56. TRADE THE WAVE

BACD is a search for a program that keeps Plus Dancers HAPPY and permits New Dancers to become Club Dancers with about 20 1 ½ hour lessons (May require extra long tips). (Sept – Jan) & (Mar – Jul) All moves BACD moves are CALLERLAB Standard Application only unless noted.

BACD Program assumes the full CALLERLAB B/MS/P including DBD/APD is used for CLUB Dance programs at the caller's discretion. BACD program is intended as a target for Graduation into Club & use at OPEN Hoedowns. Any B/MS/P call not on this list is welcomed but should be walked thru before use at an open Hoedown.

RED: Highlights B/MS/P moves of interest that are NOT included.